-THE TIMES DAILY MAGAZINE PAGE

Difficulties Beset Women

When One Is Only a Poor, Weak Female, It Is An Awful Thing to Be An Interested Spectator At Election Time, for Nobody Wants to Be Bothered With Us. Yet We Must Be Taken Care Of!

By a Woman. AVE PITY on me. For I am a woman. The election means more to me-than even my new fall my suit, or my shoes. am counted as a rank out

proper for me to appear in saloons and on the streets, unescorted at night, I am left alone. My male relatives do not wish to b

othered with me. I am excess baggage. I have

willingness to Bit alone in a theater, and go home in a cab, they say

must have an escort et no one is willing to take the job. I can go to the market on Saturday hight alone, carry a basket, brush elbows with all sorts of characters, bloker with terrible looking people, and stay out even unto the hour of

way:

tean stay alone in a house for weeks

with robbers, plumbers, grocery
elerks, chance cleaners, and other
dangerous characters;

tean vote and enter into the marts
of trade;

Tet I cannot go downtown alone on election night!

RECIPES

Potato Pudding. Eight tablespoonfuls of grated, mealy helled potatoes (those left from the day

before are best), eight eggs, eight tablespoonfuls sugar and the juice of one and
a half lemons.

Beat the yolks of the eggs with the
sugar until very light. Then add the
potsto and the lemon juice. Mix well
and add the white of the eggs, beaten
to a stiff froth. Serve with lemon
juice. sup boiled cider, one and one-half cups rainins, seeded and chopped; one-half cup butter, spice to taste. Hake with two crusts.

Pork Shanks en Casserole.

wash two pork shanks. Dredge with flour and brown nicely in butter, lard or bacon fat. Place in casserole and barely cover with hot water (glasci from frying pan). An hour before serving add salt and pepper to taste, six young carrots cut in quarters and a pint of small potatoes peeled. Thicken gravy and pour all in platter with biscuits.

Grape Preserves.

Take fine ripe grapes and first thor-oughly wash, pick carefully from stems and pop pulps from skins, doing two at a time, one in each hand between the thumb and foreinger. Put the pulp in a preserving kettle and stew gently until the seeds are loosened; then strain and the seeds are loosened; then strain and rub it through a sieve or fine colander. Add the skins and weigh, and to every pound of this add one pound of granulated sugar. Put the skins and juice in a kettle, cover closely, and cook slowly until the skins are tender. While still boding add the sugar and turn the fire very low, then keep very hot for fiteen minutes, and when the sugar is thoroughly dissolved pour the fruit in jars and seal at once.

FOR all practical needs, this is

A tuck in each front turned toward

the armhole gives a very pretty

line; the collar is simple, but one is

Impressed with its cut at front. The

plain sleeve may be long or short,

finished with a neat cuff. Front

closing with large buttons and loops

that serve as a decoration as well, is

a "fashion act." The pattern will

prove its worth and increase your

willingness to make another blouse.

Cut in sizes 36 to 44 bust measure.

To make in size 36 will require

21/4 yards 36-inch material.

the style of blouse to choose.

Election Day Edward H. Sothern, Author, Is Introduced Through "The Melancholy Tale of Me"

> How E. A. Sothern, E. H. Sothern, Sam Sothern, and Joseph Jefferson Played at "Muggler's Leap" Is Only One of the Bits Which Make This Biography Interesting; But It Is More Than Interesting, It Is Alive!

By FLORENCE E. YODER. HERE are in this world a whole race of pessimistic people, who never see anything but the hole in doughnuts, and the fleas on

nice companionable dogs. They are the ones who always wear vool underwear as if it were a cornet and who love to say . Ah, youth, youth! Once gone it is gone. The golden age can never live again."

They should be very careful not read "The Melancholy Tale of 'Me,' " by

read "The Melancholy Tale of Me." by E. H. Sothern. If they did, they might be tempted to want to change their ideas, and that would be terriby painful. We warn them personally against this book.

For Mr. Sothern has written a tale which brings back one's childhood with startling flistinetiveness, and which makes one live again in the glamour of a past time.

He proves that the golden age can come back, even though it be tarough the medium of a book.

Not content with being much loved and highly esteemed in the theatrical world, Mr. Sothern has taken to authorizing, with such signal success that we look forward hopefully to the time when he shall give another bit of printed material to the public.

Master of His Art.

Master of His Art.

Quite naturally, this autobiography hould be intensely interesting-it couldn't escape it, even if, Mr. Sothern

couldn't escape it, even if, Mr. Sothern should have turned out to be a second Henry James.

But he didn't turn out that way, but another. Along with Kenneth Graham he stands as a consummate master in the art of luring the reader-back to the golden age when little occasions were big occasions, and uncles were heroes, and everything was o'ercast with the vell of romance.

That ability isn't generally present in autobiographers. The real test of the success of Mr. Sothern's book is that when one reads it, one feels quite certain that it would be exactly as seductively delightsome if the characters were mere felks, and not important personages of the English and American stage.

Stories Touched by Art.

The first portion of "Me" is devoted to numeries of childhood, and is the par-Mock Mince Pie.

Mock Mince Pie.

Four crackers, rolled; one and a half pips sugar, one cup molasses, one-half cups boiled cider, one and one-half cups attains, seeded and chopped; one-half cups putter, spice to taste. Bake with the country of the private pet game YOU used to play—well—you probably qualify as regards doughnuts, nice dogs, and woolen under-web country.

well-you probably deferson visited England about this period to play 'Rip Van Winkle' in London, he became a party to these occasions. Mr. Jefferson stayed at our house in Kensington. You who remember the sweet and gentle Jefferson will smile to know that my parent told his children that a famous pirate chief was coming to hide from the officers of the law?

"Shortly Jefferson zerived. wrapped up in a very large greateoat, and accompanied by his son Charles, who had met with an accident on shipboard. Charles was carried carefully into a room on the ground floor, and Jefferson and my father were closeted for a while making Charles comfortable in bed. When my father came out I and my brothers were peering through the banisters at the door of the 'pirate."

"Hush!" said my father. "There has been a terrible battle on the high seas. The pirate chief will be hanged if anybody speaks, and his first mate is full of cannon balls. There is only one thing to do, and that is to give up eating and stand on one leg. Quick! There is no time to lose. Hush!" and he left us.

"Shortly Mr. Jefferson came out of

left us.

"Shortly Mr. Jefferson came out of the room and found three little boys each standing on one leg on the staircase. "Whenever my father's acting sea-

son was over we would be off to the seaside for the holiday. These halcyon days at Ramagate are especially vivid still-Ramagate, made immortal in the Bab Ballads and in the "Ingoldaby Legends" by the fearsome tale of Smuggler Bill, who was raced over the cliff by the devil himself. Read of "Smuggler Bill."

the cliff by the devil himself.

Read of "Smuggler Bill."

"Here on the very spot my father used to read to three delightfully terrified children the blood curdling adventure of 'Smuggler Bill.' When he would reach the word 'Bang!' there was an awful effect, for he had begun the verse in a low, mysterious tone, very tense, and holding on to us as though to protect us from impending danger. He proceeded rapidly in this hushed, tense tone until he reached the word 'Bang!' which he would give out with such a shout that the cavern echoed again, and we, giorlously frightened, would be hurled from him by the force of the explosion, huddled together and wide eyed, to approach again for the next verse and the next shock. These nerve-racking recitations especially appealed to my small brother Sam, who would frequently drag my father from his writing desk, or even from his meals, saying 'Ta wants the 'Muggler's Leap.'

"Don't shoot!' said my elden brother. "Bang!' shouted Mr. Jefferson, and the three small lads fled in dismay. "It did not take long for us to make (riends with this 'terror of the seas.' We were soon taken to see 'Rip.' and then we played 'Rip' ourselves, assisted by Joe Jefferson. In those days we played many plays. The rockery in our garden very readily became a welrd spot in the Kaatskill Mountains. 'Sleepy Hollow materialized with the swift magic of childhood's thought, which can make one a gnome, or a giant, or a flea, or an elephant within the twinkling of an eye. My brother Sam was a snome, and had to crawl about on all fours. He, however, was very mutinous, and no matter what character we cast him for, he would inset on introducing the climactic speech from my father's performance of 'Rôsedale,' where the hero cries: 'Up, guards, and at 'em'. Quite regardless of plot or play, Sam would cry this at inopportune moments, and when rebuked would mutter in his own secret language and conspire against our peace of mind.''

Nursed on Many Knees.

Nursed on Many Knees.

"I have been," comments Mr. Sothern.
"nursed on more knees than any other baby in America. While the men and women of my father's generation were yet alive I would constantly meet elderly be been in the would exclaim: "Why. I nursed you on my knee when you were a baby!" Old Couldock, Mrs. Walcot, Joe Jefferson. Stoddart, William Warren, Mrs. Vincent—I could name a thousand in public and private life whose knees had accommodated me. From knee to knee I would seem to have hopped as birds from bough to bough. I must have reposed upon as many bosoms as did Queen Elizabeth on four post beds. Whether I was nursed thus because I was beautiful or good, or because the last good Samaritan desired to hand me on rapidly to the next, history salth not. Perchance my mother, in her busy iffe at that time, had constantly to say to the bystanders. Here hold the baby!" while she ran to take up her cue at rehearsal: the infant would have to be controlled by an alien hand, while 'Ride a Cock-horse' and 'Pat-a-cake, Nursed on Many Knees.



"Me." About the Time When He First Chose a Profession.

baker's man' may have been sung in my ear by many an unwilling nurse.

"It is not always that one may excite admiration concerning one's personal charms before one has entered upon this stage of fools. Such, however, was my good fortune. I have a letter, written by my father from New Orleans to his sister in England, it says:

"Lytton is the most strictly beautiful child you ever saw. Fan (my mother) is looking over my shoulder as I write and says: "Of course, the baby will be the same."

"Baby Was Myself."

Red Cross, the author will autograph copies.

("The Melancholy Tale of Mc." by Edward H. Sothern, published by Charles Scribner's Sona."

She Solved the Problem.

Mrs. A. was considerably annoyed to find her neighbor's chickens continuously overrunning her garden.

"Go, 'round to the next door, Jane." she said to the maid servant, "and point out to Mrs. B. that her ablests and the same of the said to the maid servant, "and point out to Mrs. B. that her ablests and the said to the maid servant, "and point out to Mrs. B. that her ablests and the said to the maid servant, "and point out to Mrs. B. that her ablests and the said to the maid servant, "and point out to Mrs. B. that her ablests and the same."

out to Mrs. B. that her chickens bother us a good deal, and ask if she'll kindly try to keep them at home."

The baby was myself. On December 1839, at 79 Bienville street, New Orleans, the baby appeared. My father, careful to remember unimportant details, made a memorandum in a scrap book of theatrical notices; among other notes, such as the sum due his landiady and the number and variety of articles of ciothing in the wash, he had jotted down: December 6, 1859, 4 a. m. 79 Bienville street, New Orleans, boy born.

"One is apt to forget a thing like that; a baby may readily be mislaid, and it is always wise to make notes."

And there is a great deal more, just as delightful in "The Melanchaoly Tale of

out to Mrs. B. that her chickens bother

"The Natural

Shortening'

Pain Is Felt Close to Trouble Seat, Not, As Many Believe, In Brain

By DR. LEONARD KEENE HIRSHBERG.

CHES AND PAINS are as realistic as sights and sounds.

Each are transferred by way of the sense nerves to the other as such as the muscles.

enever any one tells you that a is "imaginary," they are telling the interesting the imaginary," they are telling the imaginary, is felt only in the brain, and hence, strictly speaking, exists there." tissues such as the muscles.

Whenever any one tells you that a pain is "imaginary," they are telling the truth in an entirely different way than the one intended. What they mean to convey is that the victim has no pain at all, but merely has a hallu- of sensation as is the switchboard in cination of suffering. What they ac-

cination of suffering. What they actually say is that the person afflicted has a pain impression, which is the truth.

An "imaginary pain" is an honest-togoodness-cross-the-heart ache. In your cosmos there is something to incite the sense of pain, just as light excites the sense of sight. To be sure, just as joan of Arc had visions, just as paranoiacs have defusions, just as paranoiacs have defusions, just as paranoiacs have defusions, just as the alcoholic insane have hallucinations, some with a mental twist, an internal disorder of their senses and tissues might have "paraesthesias" or pains not due to the usual resitties of gature. Treatises upon insanity consider such conditions. Pain is not so easily dismissed in persons would have you believe. There is almost always a physical basis of pain. Just as there is of sight, sound, smell, taste, touch and other sensetions. To deny pain is much the same as to deny hearing or muscle sense.

A Popular Failacy.

There is a difference, of course, between sight, sound, and pain. This difference consists in the specific and particular location of pain, may be described as being like-the Irishman's flea: When-

location of pain, may be described as being like the Irishman's flea: Whenever you put your finger on it, it is not there. A toothache may be the other tooth than the one you told the dentist to pull.

Children with serious hip-joint discusses have pains in the lower legs, which foolish parents lightly dismais as growing pains," as if hair, nalls, bones, flesh, and blood ever give pain as they grow. There are no such things as growing pains," and it is high time every mother's son of a civilized national and the survey mother's son of a civilized national and the survey of the mischles. The standard of the mischles and blood ever give pain as they brain, permanent benefits may be looked for.

(Copyr't, 1914, by Newspaper Feature Service).

Pains in the back, hip, knee, and other remote places ore often traced to flat feet, fallen arches, and other dis-tant areas. Colicky and crampy feel-

Ten Commandments of Youth

1. Have one chief, absorbing interest

1. Have one chief, absorbing interest in life?
2. Have other interests. "little interests" of life, to keep you from becoming one-sided.
3. Decide what are the essentials of your life and concentrate upon them.
4. Decide what are the non-essentials and disregard them.
5. Be interested in everything that happens, for the moment, but do not let the interest become too deep.
6. Eat what you like when you like, but not as much as you like.
7. Drink much water and lemonade.
8. Sleep whenever you are sleepy.
9. Stop to rest for a minute, many times a day. These little rests prolong life.

life.

10. Find your work. Then regard that work as a pleasure, not a penalty.

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pails. Give your grocer an order to-

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day for a regular supply.

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but the brain is as lacking in any kind

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The Alphabetical Dots

By CLIFFORD LEON SHERMAN.



"I tried to keep from getting rattled,"
answered his father, "and kept walking north as long as the sun was up. But when night came I was tired, and as I was getting away from the meuntains was getting away from the meuntains I laid down on a soft mound of sand through the alphabet.)

I laid down to sleep. At daybreak I was (Copyright, 1918, by John N. Wheeler, Inc.)

wanted to hear the rest of the experi- dogs had found me, but I soon discov ered that I was mistaken. It was

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